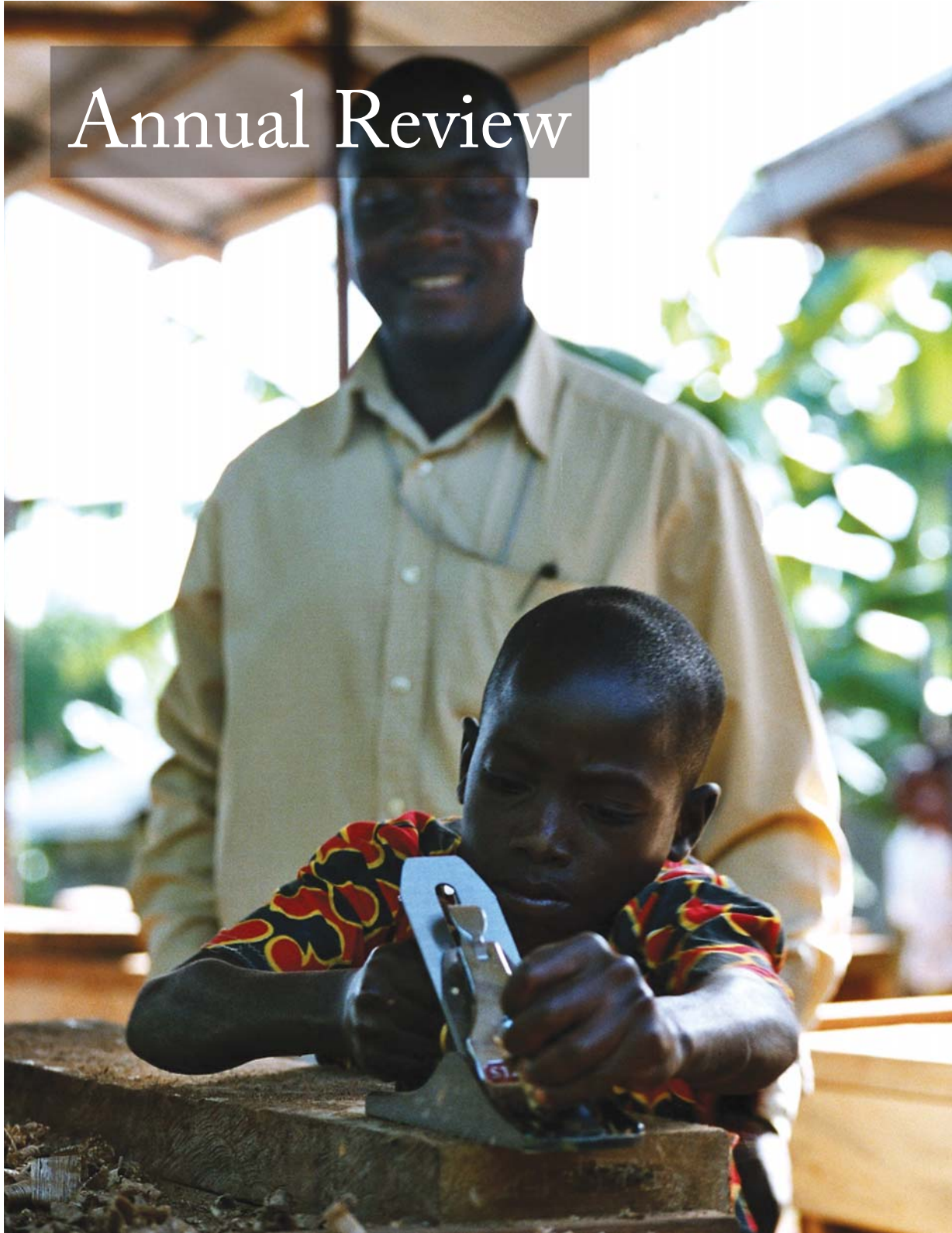


2004

Annual Review



UNLOCKING THE POTENTIAL OF YOUNG PEOPLE

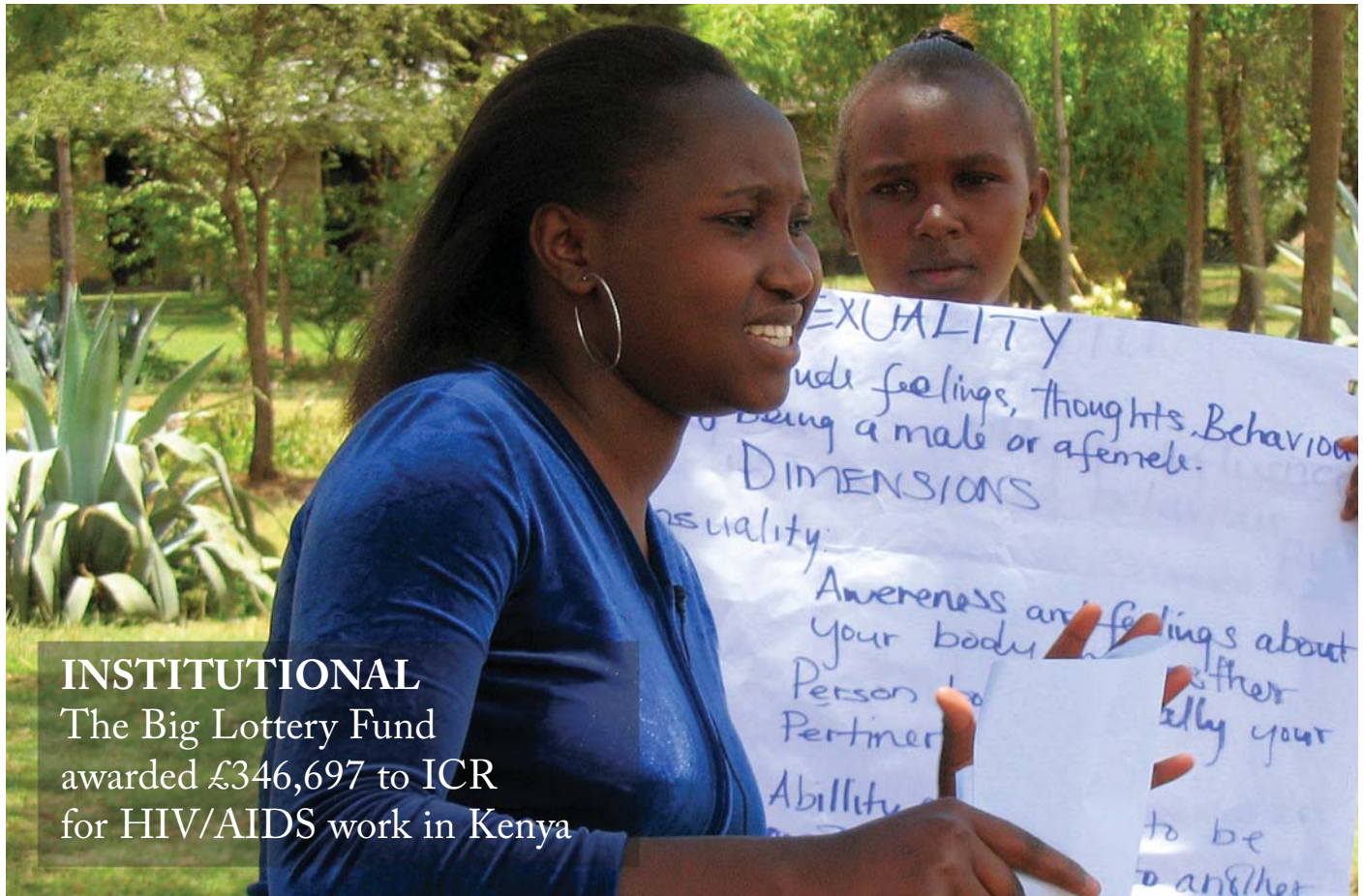
Young people have incredible creativity, energy and determination. In the poorest communities, these qualities are essential weapons in the fight against poverty. Yet too often they are stifled by the struggle to survive.

ICR empowers disadvantaged young people in rural Africa with the knowledge, skills and resources they need to live life to the full.

Our vision is of a world where every young person can make a difference.

At the beginning of 2004, ICR set out to work with 70,000 young people to help them achieve their potential. At the end of 2004, we had collaborated with over 73,000 disadvantaged young people - working in the areas of education, HIV/AIDS, life skills training and entrepreneurship to bring about improved health choices, access to education and secure employment.

FUNDRAISING ACHIEVEMENTS IN 2004:



INSTITUTIONAL

The Big Lottery Fund awarded £346,697 to ICR for HIV/AIDS work in Kenya

This grant was one of the major fundraising successes of 2004. It will fund a three-year project to support 75,000 young Kenyans in making informed decisions about their sexual behaviour and protecting themselves against HIV/AIDS.

The assessment process for the Big Lottery Fund was extremely competitive. ICR's focus on young people as the key target group in tackling HIV/AIDS was a major reason for our success. Other factors included our participatory

approach to working with beneficiaries; our strong commitment to gender equality; and the expertise, experience and knowledge of our implementing partners in Kenya.

ICR designed a monitoring and evaluation system that best suited The Big Lottery Fund's criteria for measuring the impact of the project. This system was approved by The Big Lottery Fund and is now in place in Kenya.



FUNDRAISING HIGHLIGHTS FROM 2004:

MAJOR DONORS:

The East Africa Development Campaign started in 2004. It aimed to raise £225,000 to transform the buildings and resources of 11 remote primary schools in Masindi District, Uganda. By the end of 2004 over £185,000 had been raised by working closely with a committed group of city investors and wealthy individuals. The success of the campaign means thousands of Masindi children will receive a better education today and for years to come.

CHILD SPONSORSHIP & SKILLS FOR LIVING:

In 2004 ICR launched 'Skills for Living', which replaces its child sponsorship programme. The new scheme allows young people both in and out of school to benefit from a range of skills training, educational support and business assistance to alleviate poverty. At the end of 2004, 2,500 supporters were enrolled either as child sponsors or Skills for Living supporters, providing funds close to £500,000.

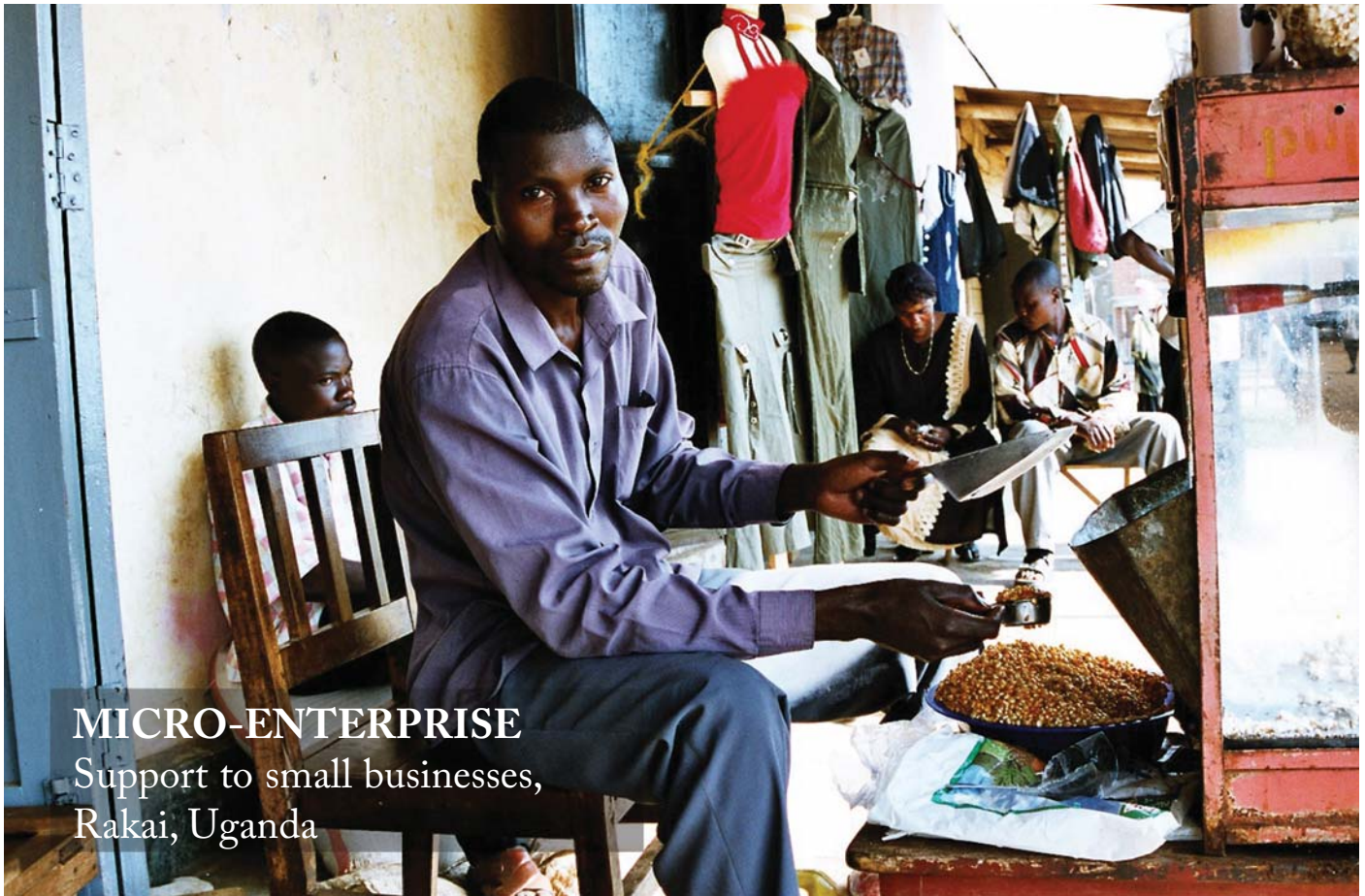
TRUSTS:

In 2004, funds were gratefully received from 25 trusts, including eight new ones. Long-time supporter The States of Guernsey Overseas Aid Committee agreed to fully fund a project to train nearly 800 young farmers in improved agricultural techniques. The Maurice & Hilda Laing Charitable Trust pledged three-year funding for a project providing food security and skills training to around 10,000 vulnerable street children and orphans in Uganda.

PUBLICATIONS AND APPEALS:

The year began with an emergency appeal for support to overcrowded Kenyan primary schools. This raised nearly £40,000 for much-needed resources, such as desks and textbooks. ICR's regular Christmas appeal raised nearly £25,000 for further school resources. Our quarterly newsletter, *Habari*, continued to provide vital feedback to our supporters, increase understanding of the work we do and raised nearly £70,000 in unrestricted donations.

ACHIEVEMENTS IN AFRICA 2004:



MICRO-ENTERPRISE Support to small businesses, Rakai, Uganda

Peter, aged 24, has a popcorn stall in Kyotera market, Rakai, Uganda. This he bought with a small ICR business loan. ICR also trained him in business skills so that he could use his loan wisely. As an orphan and the eldest of six siblings, Joseph is chiefly responsible for his family's welfare. However, if not for this loan, he - like so many others - would have turned to subsistence farming in order to survive. Now he has a regular income and employs several locals to run his business. His entrepreneurship is making a real difference to the welfare of his family and his community.

ICR's micro-enterprise programme in Rakai empowers young people and women - two groups that find it hard to access capital - to effect these kind of changes in their lives. By providing small loans with low interest rates to committed individuals, ICR supports their long-term aspirations to break out of the poverty cycle and take control of their own lives. This year alone over 1,000 young people and women have accessed loans and received training to enable them to start up a small business. The rate of successful loan repayment is 97%.

MAIN ACHIEVEMENTS IN AFRICA 2004:

Working with our implementing partners in Kenya, Uganda and South Africa*, ICR benefited 75,000 young people through our work in education, HIV/AIDS, life skills and entrepreneurship.

* PFP, ICR Uganda, CIDA

Life Skills: ICR empowered close to 16,000 young people to make safe and positive choices in their lives through the delivery of a comprehensive programme of life skills training. This training gives young people the mental tools they need to succeed, from confidence, self-esteem and self-awareness to communication skills, problem-solving ability and teamwork.

Education: ICR supported 41 rural schools with vital infrastructure, resources to assist 25,000 pupils. This included classrooms, staff quarters, hygienic latrines, desks, text books, uniforms, sports equipment, musical instruments and first aid kits. Teachers and parents were also supported with vital training courses and development workshops.

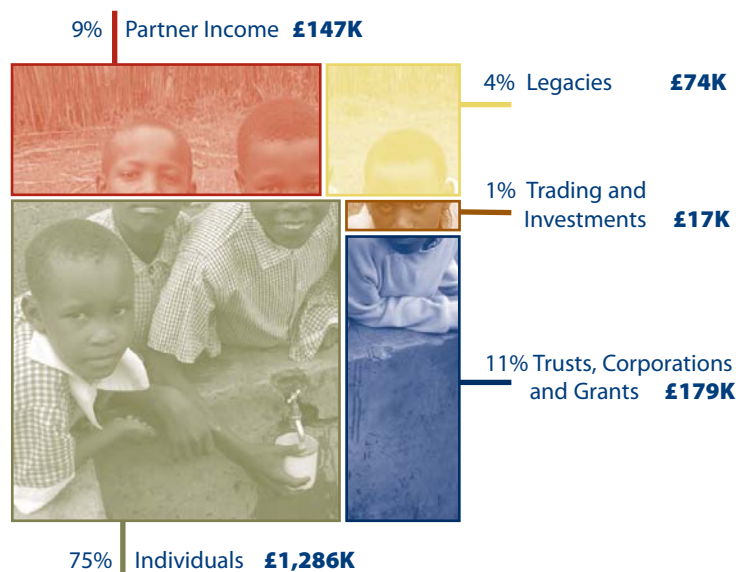
Entrepreneurship: 1,000 young people completed full-time training courses in vocational skills, such as carpentry, tailoring, agriculture or masonry. A further 1,000 young people also received small loans, business skills training and support to set up ventures, such as a clothes shop, a carpentry workshop and a pharmacy.

HIV/AIDS: 12,000 young people received a year-long training programme in HIV/AIDS awareness. A further 1,054 school teachers received extensive training to promote discussion and support young people in issues of sexual health. Together, these initiatives benefited an additional 25,000 young people.

Financial Statement 2004

Summarised Accounts for the year ended 31st December 2004

INCOME TOTAL: £1,703,229



EXPENDITURE TOTAL: £1,661,702



Trustees' Statement

These summarised accounts are extracted from the full unqualified audited accounts approved by the Trustees on 24th February 2005 and subsequently submitted to the Charity Commission and to Companies House. They may not contain sufficient information to allow a full understanding of the financial affairs of the Charity. For further information, the full accounts, the Auditors' Report on those accounts and the Trustees' Annual Report should be consulted; copies of these may be obtained from 27 Church Road, Tunbridge Wells, Kent TN1 1HT.

on behalf of the Trustees
Richard Flaye, Chairman, and Henry Robinson, Treasurer, 15th March 2005

Auditors' statement to the Trustees of International Care & Relief

We have examined the summarised financial statements set out herewith.

Respective responsibilities of Trustees and Auditors:

You are responsible as the Trustees and Directors for the preparation of the summarised financial statements. We have agreed to report to you our opinion on the summarised statements' consistency with the full financial statements, on which we reported to you on 24th February 2005.

Basis of opinion:

We have carried out the procedures we consider necessary to ascertain whether the summarised financial statements are consistent with the full financial statements from which they have been prepared.

Opinion:

In our opinion the summarised financial statements are consistent with the full financial statements for the year ended 31st December 2004.

HW Fisher & Company
Registered Auditors 30th March 2005

Total 2004
£

INCOME	
Legacies	74,129
Trusts, Corporations and Grants	178,609
Trading and Investments	17,267
Partner Income	147,069
Individual Donations	1,286,155
Total income	1,703,229
EXPENDITURE	
Direct Charitable Expenditure	1,404,644
Fundraising and Trading Costs	214,667
Management & Administration	42,391
Total expenditure	1,661,702
NET MOVEMENT IN FUNDS	41,527
Funds brought forward at 1 January	331,426
Funds carried forward at 31st December	372,953

Thank you to all our supporters, community fundraisers and volunteers who continue to make our vital work possible. ICR would also like to thank ICARE, Australia, and InterAid, Denmark, for all their support in 2004.

www.icr.org.uk

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Stephen Elsdon, Jim Fisher,
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Sir Simon Hornby, James Wilby,
Shiulie Ghosh, Mark Florman, Di Chaplin

Chief Executive

Susanne Niedrum

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